



Everton
in the Community

Supported by



BEAT BREATHLESSNESS

Free community health checks.

Delivered by Everton in the Community with NHS partners, funded by British Heart Foundation and supported by patient experts from The Pumping Marvellous Foundation.

Breathless?

Exhausted?

Ankle swelling?

Time for a simple test

This can be common— but it's not normal.



What's on offer?

Free, quick health checks to look at your heart and lungs.

- The People's Place, 46A Spellow Lane, L4 4DF.
- Garston Family Health Centre, Liverpool, L19 2LW.
- Central Liverpool Primary Care Network Hub, Liverpool, L3 8JA.

Who it's for?

Anyone 40+ with:

- Breathlessness.
- Ongoing tiredness.
- Ankle, leg or tummy swelling.
- A long-term cough.

In partnership with:



No need for a GP appointment and most people get their results on the day or shortly after.

Visit The People's Place or **scan the QR code** below to book a BEAT Breathlessness check at your nearest hub or find out more:

